

# Preparing to Ride

As recommended by Motorcycle Safety Foundation

## Rider & Passenger preparation

### **ATGATT** – All The Gear All The Time

Minimum Recommendation:

Dot approved helmet

¾ helmet (open face), Full face, modular – greater head/ face protection

A helmet should be replaced:

Every 5 years (sun UV rays) or

Dropped from a height greater than knee high or

No longer comfortable using your helmet (proper fit, to many ground contacts)

Eye protection (riding glasses, goggles, or face shield)

Long sleeved shirt and pants (riding jacket and pants, or integrated riding suit)

(Leather or durable synthetic material designed specifically for motorcycling is best)

Full fingered gloves

Over the ankle foot gear

Appropriate for weather

## Motorcycle preparation

Pre-ride inspection - **T-CLOCS**

Tires

- Air Pressure
- Tread
- Cracked sidewalls, dented wheels, loose spokes

Controls

- Levers
- Pedals
- Cables
- Hoses
- Throttle

Lights & Mirrors

- Headlight
- Taillights and brakes
- Turn Signals
- Switches

Oil & other fluids

- Fluid levels
- Leaks

Chassis

- Suspension
- Chain/belt/drive shaft

Stands

- Side stand/center stand

## Engine Start - **FINE-C**

Fuel – if equipped, fuel supply ON

Ignition -ignition switch ON, Some indicator lights should come on

Neutral – be in neutral, Green light should be on in the instrument cluster.

Engine cut-off switch – put switch in the RUN/ON position

Clutch – As Needed/Engaged

## Engine Shut Down - **Thumb/Key/Valve/Clutch/Stand**

Thumb – Engine shut off switch – OFF

Key – Ignition switch - OFF

Valve – Fuel Supply – OFF

Clutch - Release

Stand - Extended